



April 2007

www.nssc.org.uk



Easter Egg Hunting at Piddinghoe Pond.

The annual Easter Egg hunt on Easter Sunday was a great success this year with glorious weather—quite a change for this event.

Next cadet event is the start of the cadet training - starting the week of 23rd April. Are you ready??



A great start to the sailing Season at Seaford:

The first two weekends of the sailing season saw strong winds—or perhaps more accurately strong gusts—causing a fair degree of swimming for so early in the season. Well done to those who started the season in style.



But the Easter weekend was much gentler—and absolutely wonderful. Why were you not on the water—lets hope the season continues like this!!



DATES FOR YOUR DIARY:

Sun 8th April

Cadet Easter Egg Hunt, Piddinghoe Pond

Sat 14th April

Start of Bosun's Cup Races

Sat 21st April

AGM : 7.30 pm at Seaford Clubhouse

Mon 23rd April

Open Day, Piddinghoe, Newhaven and Seaford.

Thur 26th April

Cadet night briefing for new cadets.

Wed 2nd May

Cadet topper training starts

Wednesday evening sailing starts.

'Save the Club money and reduce waste - Mainsheet is going to be delivered by email where possible from next month onwards—if you have not already given your email address the club and asked for an email version, then please send contact : p.springall@btinternet.com

NSSC OPEN DAY—SATURDAY 21ST APRIL

What are you doing this Saturday?

The campaign to generate interest in the sailing club has begun. The focus is on attracting people to Open Day, while simultaneously ensuring that those interested in sailing, windsurfing or powerboats have the information required to get in touch, or come along later.

The Smiling Face of Sailing

There are boxes of printed A5 Information cards, known as 'the Smiling Face.' These are being distributed around local towns and villages and to those who have previously been on NSCC sailing courses. Please help to get these to more far flung villages/towns in our catchment area. Please place them on cars in Seaford over Easter and the following weekend.

Postcards

There is a set of SIX POSTCARDS at the clubhouse representing dinghy sailing, keelboats, windsurfing and power boats. Please taken them to give or send to colleagues, friends or family members who might consider becoming a member of our club.

Posters

Full colour posters with the title 'What are young doing this Saturday?' in A3 and A4 sizes are now ready. THIS IS ON THE BACK SHEET OF MAINSHEET. Once again, help is needed to ensure that newsagents, information offices, Town Hall notice-boards, shops, leisure centres etc: Train stations, cafes, restaurants, off licences et al have a poster and put it up. Please put an A4 poster or the Smiling Face information card in your car window. If we all did this we'd soon have our catchment area covered. People do spot the logo and photo, realise it has something to do with sailing and come over to take details.

Press Advertising

An advertisement containing the information on the 'Smiling Face Card' featuring the same photograph from the poster will be stripped in columns down the leading edge of a page of the Sussex Express over the next two weeks covering editions to include Lewes, Uckfield, Heathfield, Hailsham, Seaford, Newhaven & Peacehaven. The last edition, coming out a few days before the 21st April will feature the Poster.

PR

The press wants something newsworthy to cover. Local and regional journalists will pick up on our event. We can help by turning up in numbers. A photographer will be around. At the end of June we will be featured in Coastal Ways on ITV1. Further press coverage should be possible at this time. Please keep me informed of anything that is going on in YOUR sailing life if you think I can help shape it into a story for the local press.

Anyone in advertising will excuse themselves before a 'campaign' gets underway with the suggestion that advertising is not a science, but an art. Working with a modest budget I hope interest will be generated and that people living within 10/20 miles of Seaford Bay, Piddinghoe and Newhaven will be made aware of what opportunities exist to learn to sail with us. Please help spread the word and if you have any ideas, contacts, or news, please get in touch.

Jonathan Vernon CONTACT: jfvernon@aol.com or 01323 892120

The Newhaven and Seaford Sailing Club Ltd.

Club House, Marine Parade, Seaford East Sussex BN25 2QR
Telephone: Seaford 01323 890077

AGM

Notice is hereby given that the **Annual General Meeting** of the Members of The Newhaven and Seaford Sailing Club Limited (the "Company") will be held at the Registered Office (**Seaford Clubhouse**)

on Saturday 14th April, 2007 at 19.00 hours:

NOTE: Prior to the AGM we will have a presentation from Brian Skinner entitled "Seaford Haven and Community Beach - a proposal for a long term, environmentally enhancing approach to Seaford Flood Prevention".

This will be followed by the AGM, election of new officers of the club and then a buffet

A TRIBUTE TO *JACK BAKER* WHO REACHED THE AGE OF NINETY RECENTLY.

It was **WORKING PARTY WEEK-END AT PIDDINGHOE** beginning the 18th March, 2007. Among the loyal group who shared the day was none other than **JACK BAKER**, who recently reached the grand old age of ninety. Jack set the pace for the day and slogged it out until five o'clock. Today, Sunday, will also see Jack among the workers at Piddinghoe. I believe that Jack's efforts to play his part still is a remarkable achievement and sets a fine example to us all. His sense of humour and yarn telling ability always adds to the occasion, when he is around.

Jack is one of the oldest members of the Club and still enjoys sailing as well as dinghy restoration. Long may this pattern of life be destined to continue. Jack, we all wish you long and prosperous happiness. This is a bit late, so **HAPPY NINETIETH YEAR** and long may we enjoy your company.

Before closing I wish to congratulate Darren Field on the efficient way in which he planned and organised Piddinghoe Working Party and to his partner and Family for the delicious refreshments which they provided for the worthy band of volunteers.

Met Metcalfe.

Refresher training and coaching

Chris Turner kindly agreed to run a refresher course for those wishing to tune their sailing skills. Kevin, Ellie, Bernie, John, Steve and myself took advantage of Chris's knowledge to assist with Gybing, mark rounding and getting out of irons.

An informative briefing developing our understanding of the theory and then out on the pond for a short triangular course. This revealed interesting variations in technique which Chris was able to address with dry land drills.

Back out on the pond in a freshening breeze, was great fun, the dry land practice brought immediate improvements. All the students were very impressed with how much they gained from the day and how it improved their enjoyment of sailing both for fun and racing.

We hope to organise further sessions later in the year, so if you are interested give me a ring on 07980 563177 or drip me a line "jacob10@btconnect.com".

Darren Field

Duties

Our club is run by members for members. Each of us is expected to carry out two or three duties a year to help run the racing, look after Piddinghoe or serve behind the bar.

Please, if you find you cannot do your duty on a particular day, remember it is up to you to find a replacement to swap your duty with, and it is not all right just to let someone know you can't turn up. The club cannot run without everyone's help, and it is not fair on all the other members if sailing is cancelled because you didn't cover your duty.

Thanks

Rupert

Silver Sailors

Lots of space in Mainsheet has been put over to our successful cadet section, and quite rightly so. However, you don't have to be under 25 to enjoy the sport of sailing.

Jack Baker has been a member for as long as I can remember, and amongst other things, made sure I was tied to the boat while I was being sea-sick during my first Channel crossing, the best part of twenty-five years ago. Jack was the foredeck 'boy', and moaned heartily when the cockpit team didn't get things sorted quick enough! He now sails out of Newhaven on a yacht he co-owns, as well as being a regular visitor to Piddinghoe and Seaford. Just to prove that there is no limit to time spent on the water, Jack celebrated his 90th birthday just before Christmas. Is this a record for someone taking part in a sport?

See you on the water, Jack.

Rupert

Qualifying for the Laser Radial Worlds.

With the Laser Radial Worlds and Europeans in Holland looming, the pressure is on for qualification places, only 15 youth places have been allocated to the UK, using the three spring qualifiers and National Youth Championships at Hayling Island as the selection events. NSSC sailor **Alex Mills-Barton** is currently lying 5th Youth in the UK and 20th in the overall Laser ladder after finishing 16th at both of the recent qualifiers, and is currently in a worlds qualification position with two events remaining.

The first 2 events saw some ferocious competition from the countries top radial sailors as they also form part of the Womens Olympic qualification series in the run up to Beijing in 2008. We all wish Alex lots of luck in his bid for qualification and look forward to hearing more news of his results following the Youth Nationals which take place during the Easter week.



BEGINNERS DINGHY SAILING

LEVEL 1 AND 2

This is a 4 day and 2 evening dinghy sailing course over two consecutive weekends
At the end of the course the successful sailor will be safety conscious, have a basic knowledge of sailing and be capable of sailing without an instructor in light winds

COURSE DATES

SPRING COURSES

Course No 1 Level 1

Friday 4th May 6.30pm till 9.30pm
Saturday 5th May 9.00am till 4.30pm
Sunday 6th May 9.00am till 4.30pm

And Level 2

Friday 11th May 6.30pm till 9.30pm
Saturday 12th May 9.00am till 4.30pm
Sunday 13th May 9.00am till 4.30pm

Course No 2 Level 1

Friday 1st June 6.30pm till 9.30pm
Saturday 2nd June 9.00am till 4.30pm
Sunday 3rd June 9.00am till 4.30pm

and Level 2

Friday 8th June 6.30pm till 9.30pm
Saturday 9th June 9.00am till 4.30pm
Sunday 10th June 9.00am till 4.30pm

We are able to offer other course dates and formats for information on these courses please contact Mike Woollard

The syllabus will include helming (steering) and crewing a dinghy on all points of sailing, rigging, launching and recovery, approaching jetties up and down wind, recovering a person from the water and capsizing.

LOCATION

The location for the course is at Piddinghoe near Newhaven

WHAT TO BRING

For the Saturday and Sunday a packed lunch will be required, however tea and coffee is supplied
Always bring a complete change of clothing and a towel, along with a wet suit or dry suit(if you have one) and wind and water proof outer layer and flat shoes that don't mind getting wet

COST

Members £200 Non Members £250

For further information please

CONTACT MIKE WOOLLARD 01323 893542



IMPROVERS DINGHY SAILING

This is a follow on course from the RYA level 2 (Beginners) course and the course is broken down into three components

Start Racing

This course enables the student to learn the skills required to enjoy club racing, including starting procedures, rules of racing, how to maximise boat speed and boat set up.

Sailing with Spinnakers

This course shows the student how to rig the boat, gybe and recover one type of spinnaker either conventional or asymmetric, and how to sail the best possible course downwind.

Seamanship Skills

This course enables the student to handle a boat and solve problems afloat. It includes launching and recovery, stopping, reducing sail area, anchoring, sailing without a rudder.

**COURSE DATES
SPRING COURSE**

| | | |
|----------|-----------------------|--------------------|
| Friday | 1 st June | 6.30pm till 9.30pm |
| Saturday | 2 nd June | 9.00am till 4.30pm |
| Sunday | 3 rd June | 9.00am till 4.30pm |
| Friday | 8 th June | 6.30pm till 9.30pm |
| Saturday | 9 th June | 9.00am till 4.30pm |
| Sunday | 10 th June | 9.00am till 4.30pm |

We are able to offer other course dates and formats
For further information on these courses
Please contact **Mike Woollard**

LOCATION

The location for the course is at Piddinghoe near Newhaven

WHAT TO BRING

For the Saturday and Sunday a packed lunch will be required, however tea and coffee is supplied
Always bring a complete change of clothing and a towel, along with a wet suit or dry suit(if you have one)
and wind and water proof outer layer and flat shoes that don't mind getting wet

COST

Members £200 Non Members £250

For further information please

CONTACT MIKE WOOLLARD 01323 893542



POWERBOAT TRAINING

LEVEL 2

This course is a 2 day course run over consecutive Saturdays.

At the end of the course the successful student will have completed a formal assessment and be able to handle a boat in familiar waters by day, they will be safety conscious, and have a basic knowledge of power boating

COURSE DATES

SPRING COURSES

Course No 1

Saturday 19th May 9.00am till 5.00pm
Saturday 26th May 9.00am till 5.00pm

Course No 2

Saturday 16th June 9.00am till 5.00pm
Saturday 23rd June 9.00am till 5.00pm

We are able to offer other course dates and times. For information on these courses

Please contact **Paddy Turner**

The syllabus will include both theory and background information on types of craft and engines, weather forecasts, tides and their effects, collision regulations and chartwork, launching and recovery, and the practical sessions will include use of safety equipment and safety briefing including boat checks, picking up a mooring, anchoring, recovering person overboard, close quarter handling, high speed handling, use of GPS and compass

LOCATION

The location for the course is at Newhaven Marina

WHAT TO BRING

For each Saturday a packed lunch will be required or a visit to the local Cafe
Always bring a complete change of clothing and a towel, and a water proof outer layer and a dry suit(if you have one) and flat shoes that don't mind getting wet

COST

Members £ 80 Non Members £200

For further information please

CONTACT PADDY TURNER 01323 898876

| Date | Day | Event | Start | RO | ARO | SKIPPER 1 | CREW 1 | SKIPPER 2 | CREW 2 | PIDDINGHOE BOOD | SEA-FORD CADET | SEAFORD BAR |
|-------|-----|--|----------------|--------------------------------|---------------------------------|----------------------------------|---------------------------------|--------------------------------|-------------------------------------|--------------------------------|-------------------------|---------------------------------|
| 25/03 | Sun | Commissioning Race PM Series 1.1 | 11:00 14:00 | Chris Turner 01323_898711 | Paul Deane 01273479271 | Kevin Hardy 07786931056 | Karren Hardy 07710877192 | Ian Hendry 01273_462633 | Timothy King 01273_611638 | | Jack Turner | John Robertson 01273_585607 |
| 01/04 | Sun | AM Series 1.1 PM Series 1.2 | 11:00 14:00 | Dave Robertson 07941_429555 | Mike Woodward 01323_896898 | Geoffrey Darling 01444_455862 | Kevin Davies 07891819668 | Mark Turner 01323898876 | Amy Page 07813_177232 | | Sam Page | Gary Page 07813_177232 |
| 08/04 | Sun | Bosun's Cup 1 Bosun's Cup 2 | 11:00 14:00 | Rupert Smith 01323_898782 | Angela Bones 01273_612880 | Howard Minto 01323890347 | Tim Monson 01273401738 | Mark Newman 01323893750 | Peter Smith 01273_612880 | | Oliver Minto | Fiona Monson 01273401738 |
| 09/04 | Mon | Bosun's Cup 3 Bosun's Cup 4 | 11:00 14:00 | Paddy Turner 01323_898876 | Robin Chapman 01323_890688 | Melvin Wood 01444235940 | Peter Finch 01273670192 | Steve Warwicker 01189876154 | Julian Dobson 01273_475759 | | | Michael Veale 07717_641328 |
| 15/04 | Sun | AM Series 1.2 PM Series 1.3 | 11:00 14:00 | Darren Field 01273_880778 | Cliff Baxter 01273_516594 | Paul Stapley 01273_273356 | Darren Ward 01273390247 | G. Ancombe 01273_516861 | Michael Bebee 01273486334 | Jack Baker 01273516163 | Hannah Bebee | Wendy Bebee 01273486334 |
| 22/04 | Sun | AM Series 1.3 PM Series 1.4 | 11:00 14:00 | Andrew Hiscock 01323_891484 | Jim Lower 01273_843439 | Kevin Hardy 07786931056 | Richard Mirchell 01323899382 | Peter Cook 01323891093 | Andrew Brown- ing 01273513285 | Eric Neve 01273602953 | Alex Cook | Teresa Fry 01273_589497 |
| 29/04 | Sun | AM Series 1.4 PM Series 1.5 | 11:00 14:00 | Lawrence Venus 01273_301533 | Brian Carter 01323_893186 | Ian Hendry 01273462633 | Peter Finch 01273670192 | Steve Knevett 01323893154 | Jon Wells 01273400333 | Dinah Rae 01273561585 | Lewe Knevett | Katie Palmer 01273_495072 |
| 02/05 | Wed | Wednesday Series 1.1 | 19:30 | Kay Young 01323_490798 | David Ridehalgh 01323_894235 | Roger Wisken 01323_898968 | Kidare Clapham 01825890576 | | | | | Kate Gomez 01323_490687 |
| 06/05 | Sun | Tufton Beamish 1 Tufton Beamish 2 | 11:00 14:00 | Terry Jones 01323_893911 | Dennis Schuster 01273_470894 | Maurice Elford 01323899455 | Jenny Bowman 01323_899455 | Clive Wilding 01825762665 | Angela Wilding 01825_762665 | Alan Stevens 01273581384 | Finn Wilding | Wendy Baker 01273_612276 |
| 07/05 | Mon | Tufton Beamish 3 Tufton Beamish 4 | 11:00 14:00 | Kevin Moss 01273_300081 | Tom Roper 01323_873564 | Andy Silk 01273_512983 | Anna Silk 01273_512983 | Andrew Lowe 01323896074 | Julian Dobson 01273_475759 | Brian Hendry 01444244429 | Will Roper | Desiree Guy 01273_517678 |
| 09/05 | Wed | Wednesday Series 1.2 | 19:30 | Kay Young 01323_490798 | Geof Meredith 01323_893137 | Roger Wisken 01323_898968 | David Clark 01273301320 | | | | | Jeremy Harman 07810_151566 |
| 13/05 | Sun | OK & Streaker Open + AM Ser1.5 PM Series 1.6 | 11:00 14:00 | Mike Woolard 01323_893542 | Steve Fenn 01273_588375 | Kevin Hardy 07786931056 | Karren Hardy 07710877192 | G Ancombe 01273_516861 | Jackie Baxter 01273_517399 | A Gordon-Smith 01323_890558 | Alex Bax- ter | Melanie Morgan 01273_516612 |
| 16/05 | Wed | Wednesday Series 1.3 | 19:30 | Alex Mills- Barton | Jo Mills-Barton 01323893125 | Clive | Luci | | | | | Vernon Reynolds 01323_871136 |
| 20/05 | Sun | AM Series 1.6 PM Series 1.7 | 11:00 14:00 | Steve Duncan | Barry Lowton 01273_586588 | Niel Arnott 01273_515581 | Rod Ferguson 07785936151 | Penelope Kelly 07714264494 | Kieth Godwin 01273479131 | Peter Zeal 01825_750413 | Henry Bishop- Wright | Kim Bishop 01273_473636 |
| 23/05 | Wed | Wednesday Series 1.4 | 19:30 | Tony Sharman 01323_891092 | David Whiting 01273_515709 | Roger Wisken 01323_898968 | David Steer 01323894083 | | | | | Gideon Meade 01273_883252 |
| 27/05 | Sun | Sussex Express Cup 1 Sussex Express Cup 2 | 11:00 14:00 | Simon Suter 01273_401170 | Karen Sedgwick 01273479082 | Mark Williams 07877135944 | David Clark 01273_301320 | Bob Corbett 01323_423314 | Julie Corbet 01323_423314 | Paul March 01825_721436 | Clare Barker | Wendy Barker 01273_612276 |
| 28/05 | Mon | Sussex Express Cup 3 Sussex Express Cup 4 | 11:00 14:00 | Dave Robertson 07941_429555 | Ian Pepe 01273_858015 | G Ancombe 01273_516861 | Colin Robinson 01323491998 | Ian Hendry 01273_462633 | Greg Clifford 01273472456 | Geoff Love 01323_893215 | Megan Ramsey | Jane Scholes 01273_513558 |
| 30/05 | Wed | Wednesday Series 1.5 | 19:30 | Kay Young 01323_490798 | A Morgan-Jones 01323_890644 | Roger Wisken 01323_898968 | Paul Keys 01273303726 | | | | | S Dunkley 01273_582952 |
| 03/06 | Sun | AM Series 1.7 (Seahaven Cup) PM Series 1.8 (Seahaven Cup) | 11:00 14:00 | Darren Field 01273_880778 | Dorinda Dodd 01323_734 | Ralf Teubert 01323_890662 | Alan Yates 07732_167553 | John Morrison 07816_474617 | Roy Milne 07986_584222 | Eric Philips 01273508514 | Nathan Bloss | Jane Scholes 01273_513558 |

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|-------|-----|---|----------------|---------------------------------|---------------------------------|--------------------------------|-------------------------------|----------------------------------|--------------------------------|------------------------------|-----------------------------------|
| 06/06 | Wed | Wednesday_Series 1.6 | 19:30 | John Cornish 01273_513259 | John Freeman 01273_583949 | Roger Wisken 01323_898968 | Andrew Barns 01323_470776 | | | | Philip Bennion 01323_423581 |
| 09/06 | Sat | Topper Open Squib Cruising | 10:30 | Laurence Venus 01273_301533 | Connie Sturt 01825723251 | James Bovington | Mike Bovington 07740092361 | | | | Chris Gray 01825_733637 |
| 10/06 | Sun | AM Series 1.8 | 11:00 | Tony Sharman 01323_891092 | Steve Taylor 01323_890714 | John Cook 01323_892213 | John Geering 01273_479341 | C. Humphries 01323_492837 | Gareth Roberts 01273_512989 | | Gail Garcia 01273_611948 |
| 13/06 | Wed | PM Series 1.9 | 14:00 | Kay Young 01323_490798 | Catherine Taylor | Roger Wisken 01323_898968 | Tom Taylor 01435_813090 | Richard Walmsley 01273_674485 | Sally Williams 01273_842588 | Xan Browne | |
| 17/06 | Sun | Wednesday_Series 1.7 | 19:30 | Mike Beaumont 01323_895207 | Daniel Nissel 01323_870294 | Kevin Hardy 07786931056 | John Evans 01323_893098 | Jack Oatway | | | John Robinson 01273_585607 |
| 20/06 | | Federation Cup (Open) | 10:30 | Liz Cheesman 01323_491868 | Ricky Smith 01444451175 | Stephen Harvey 01323_890267 | J Woolcock 01273_453540 | Paul Deane 01273_479271 | | | Julia Tucknott 01273_301025 |
| 20/06 | Wed | Special_Event support | | Kay Young 01323_490798 | Ian Jenkins 01323_895669 | Roger Wisken 01323_898968 | Philip Cooke 01323_430721 | | | | George Knox 01273_270327 |
| 23/06 | Sat | Endurance Race | TBA | | | | | | | | |
| 24/06 | Sun | AM Series 1.9 | 11:00 | Penny Springall 01273_471895 | Liz Cheesman 01323_491868 | Ralf Teubert 01323_890662 | Martin Lunn 01273_472714 | Kieth Sater 01273_585059 | Eric Phillips 012733508514 | Andrew Cornish | Daniel Nissel 01323_870294 |
| 27/06 | Wed | PM Series 1.10 | 14:00 | John Cornish 01273_513259 | Stephen Harvey 01323_890267 | Roger Wisken 01323_898968 | Paul Keys 01273303726 | | | | Martin Brickell 01273_514190 |
| 01/07 | Wed | Wednesday_Series 1.9 | 19:30 | | | | | | | | |
| 04/07 | Sun | Laser (Open) Resail (For any event missed) | TBA | | | | | | | | |
| 04/07 | Sun | Resail (For any event missed) | TBA | R Smith 01323_898782 | Sally Thompson 01323_492227 | Kevin Hardy 07786931056 | Karren Hardy 07710877192 | Tim Couzens 01825_872036 | A Gordon-Smith 01323_890558 | Bethany Taylor | Ann&Robin Sadler 01435_812966 |
| 04/07 | Wed | Wednesday_Series 2.1 | 19:30 | Kay Young 01323_490798 | John Wilcockson 01323_890661 | Ralf Teubert 01323_890662 | Jane Holter 01273_842127 | | | | A Pincus 01825_732227 |
| 08/07 | Sun | Birling Gap & Cuckmere (Open) PM Series 2.1 | 10:30 14:00 | Edward Thorburn 07960946729 | John Davies 01323_896550 | Alan Oatway 01323_893721 | Ivan Pope 01273_505147 | Charles Wadham | Sallie Bergin 01273_301203 | Jack Oatway | Jo Weatherall 01273_681117 |
| 11/07 | Wed | Wednesday_Series 2.2 | 19:30 | Kay Young 01323_490798 | Janet Gribble 01273_858560 | Roger Wisken 01323_898968 | John Kalisch 01825_763634 | | | | Barbra Hardcastle 01323_500360 |
| 14/07 | Sat | Youth Federation Cup - Bexhill SC | 10:30 | Chris Turner 01323_898711 | Rupert Smith | | | | | | |
| 15/07 | Sun | Class Championships 1 & 2 | 11:00 | Simon Suter 01273_401170 | Ken Baker 01908_672144 | Lloyd Thompson 01323_492227 | David Low 01323_893203 | | | | |
| 15/07 | Sun | Class Championships 3 | 14:00 | | | | | Geoffrey Darling 01444455862 | Jurgen Muller 01323_891645 | Paul Jeffery 01273_586025 | Ellie Wilding 07891018473 |



What are **YOU** doing this Saturday?



Newhaven & Seaford Sailing Club Open Day

21st April 2007

Unique in England we operate from three locations: **inland** on Piddinghoe Lake throughout the year, **offshore** from our Club house on Seaford Bay and from the **marina** at Newhaven at the mouth of the River Ouse. Come and see us on **Saturday 21st April** at the Seaford Clubhouse for taster sessions at Piddinghoe and Newhaven. Find out more at...

www.nssc.org.uk

