



September 2007

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See double page report on sailing week and cadet week inside!



SUMMER ARRIVES AT LAST AT NSSC



Well, what an August?

Sailing Week was a great success, with sailing possible everyday and yes, sunshine! A brief summary goes a bit like this: - Sailing, barbecues, camping, cocktails at sunset, pirates, games, a bit more sailing, sunshine, fire juggling and that Sailing Week soundtrack music! To give those of you who didn't realise Sailing Week had been moved to the beginning of the month some notice, (honestly, don't you read your programme?) Sailing Week will be held in the first full week of August next year. Put it in your diary NOW.

Elsewhere, a number of our Topper sailors were at the Nationals enjoying fleet racing numbered in the hundreds. Alex was in Holland at the Radial World Championships, with some brilliant results. Some of our Squib sailors were in action at Cowes Week, and a couple of Fireballs had just returned from their Nationals at Brightlingsea.

A few days off, and then Cadet Week at Piddinghoe and the Shearwater Nationals at Seaford. Cadet Week was its usual success, with children all over the place on the water, on the bank and in the water, but all having a great time.

The Shearwater Catamarans sailed in mainly strong northerlies during the days, which they seemed to revel in, and took enjoying themselves at night to new levels. I think its safe to say that the bar made a good profit.

Still to come in September is the re-sail of the Federation Cup on the 23rd. This should be a big event and possibly another chance to prove that we sail at Seaford in conditions that others cannot cope with!

Rupert.

COMMODORES COMMENT

Cadet Section

This summer has been a busy one for the cadet section and has seen some of our cadets taking part in events all over the UK and in Europe:

Topper Nationals at ELSC

Jonty Freeman - 58th in Silver Fleet
Will Bovington - 80th in Silver Fleet

South East Traveller Series so far

Jonty Freeman - 10th
Charlotte Fenn - 12th
Louis Knevett - 13th
Will Bovington - 16th
Dan Fenn - 18th

Alex Mills-Barton - I could probably fill several pages with event results, but most recently he was 13th at the **Laser Radial European / World Youth Championships** at The Hague, Netherlands.

There has also been a full timetable at NSSC for the cadets:

Sailing Week

Several cadets took part in the **Len Miller Cup series** over Sailing Week at Seaford. Some were away at the Topper Nationals and other qualifying events. Results:

First - Austin and Harry Weight, Topaz
Second - Charlotte Fenn, Topper
Third - Alex Baxter, Topper
Cadet crew - Ross Turner in a Laser 2

The cadets sailed in a development fleet this year, including Toppers, Topaz and Laser 2's. It was interesting and enjoyable to watch. Many of the cadets also enjoyed crewing in a variety of boats in the afternoons.

The Caffyns Shield was sailed on Saturday 18th August in quite challenging conditions and many congratulations to all who took part.

Results:

Oppi Shield

- First	- Tom McLean
- Second	- Lauren Bebee
- Third	- Christina Gorrington

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Topper Junior

- First	- Louis Gorrington
- Second	- Andrew Cornish
- Third	- Issy Milne

Topper Senior

- First	- Charlotte Bebee
- Second	- Luci Mills-Barton
- Third	- Nathan Bloss



The Ridley's Shield was sailed on Sunday 19th August at Seaford.

Results:

First Overall (Optimist Shield)	- Alex Mills-Barton, Laser
Second Overall and First Topper (Topper Shield)	- Jonty Freeman, Topper
Third overall	- Charlotte Fenn, Topper

Finally.... Cadet Week

The week started with bright sun and light winds on Monday and the cadets raced keenly. Tuesday went from the sublime to the ridiculous with winds increasing, making for challenging conditions on the water. Wednesday had to be abandoned after the team game, with wind speed reaching in excess of 20 knots. Thursday calmed down a little and we were able to make up some of the missed races. Finally, on Friday, the sun shone again and great fun was had by all.

Overall over the week, all the fleets raced well and, in the Topper Juniors and Seniors, the final results were dependent on the last race.

Results:

<u>Development:</u>	First	- Alex Mills-Barton	Laser + Pico
	Second	- Jack Turner	Laser Radial
	Third	- James Bovington Ross Turner	Laser 2 + Pico
	Fourth (and Most Improved)	- Luci Mills-Barton Charlotte Hedges	Laser 2

<u>Topper Senior</u>	First	- Jonty Freeman
	Second	- Will Bovington
	Third	- Charlotte Fenn
	Most Improved	- Charlotte Bebee

<u>Topper Junior</u>	First	- Dan Fenn
	Second	- Louis Knevett
	Third	- Lawrence Thompson
	Most Improved	- Chris White

<u>Oppi Racing</u>	First	- Jack Barker and Miles Mortimer
	Second	- Lauren Bebee
	Third	- Alice Smith
	Most Improved	- Emily Clifford

<u>Broken Daggerboard</u>	- Katya Ward and Lydia Carr-Smith (Oppi Racing)
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<u>Wettest Cadets</u>	- Marianne Mortimer - Andrew Cornish
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<u>Most helpful Leadership</u>	- Alex Cook - Ben Hedges
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<u>Injury of the Week</u>	- Louis Gorringe
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This week could not have run without the help of many people. I hope I have thanked you all individually already, but may I repeat my thanks for all your help.

Carolyn Turner. Cadet/Youth Coordinator

Note: As we haven't enough space left in Mainsheet this month, Part 2 of the NSCC expedition from the Andaman Sea will appear in the October issue.

GAMES TOURNEY AND SAILING WEEK 2007

NSSC's Sailing Week returned in all its former glory - lots of sunshine, lots of lovely winds, NO Rain (well almost no rain), NO (well very few) big waves. I think there is full agreement that the change of date this year was a sensible move and its likely that we will have next years event at around the same time—so keep your eyes and ears open - we will make an announcement very soon so that you can book the week.

Although there were slightly fewer people attending than in past years, there was still a good turnout and it was particularly encouraging to see lots of the older cadets on the water and having a great time. The winds were quite strong or rather the gusts were strong, but there were gentle winds at various times—so really something for everyone. BUT most of all there was that lovely thing called SUNSHINE—something we hardly know about this summer.

The 9 day event started with the Games Tourney—with some lively winds but definitely sunshine. Then, Sailing week itself started with the cadets sailing for the Len Miller Trophy in the morning whilst the adults had fun races. The cadets were really great, with all them going out regardless of the strength of the gusts—peels of laughter consistently emanated from the laser 2 bearing Lucy and Charlotte but no spinnaker — in contrast, Jack and Ross Turner heroically attempted to get the spinnaker flying whenever they could—James and Will rounded out the laser fleet, and despite being the least experienced, did extremely well. Austin and Harry Weight also haven't sailed so much but consistently were out there in all winds in the Topaz. Charlotte Fenn, Alex, Dan and Ben made up the topper fleet—all also doing very well.

The sailing week afternoon sailing—the serious sailing of the event—was well supported with again, the cadets performing very well. Ed Thorburn, the local legend, and Alan Simmons, our visitor for many years and now a known sailing week veteran, won the Fast and Slow fleet cups, respectively.

The social events were as successful as the sailing—Monday night was witness to a load of pirates drinking commodes cocktails, which this year were more (like the parrot) varied in colour than ever before. Tuesday night was the Treasure Hunt. This year pillaging of boats was forbidden but we still managed to find a shark—an estate agent—guess who. Wednesday night, with everyone knackered midweek, was time for a bit of quiet film watching—well actually not so quiet!! Thursday was the quiz with a difference this year—Terry Jones took up the quiz master role baffling the crowd with his riddles and electronic wizardry. Finally, for those with legs that still moved, we had the disco on Friday night—South Coast Sounds managing as well as ever to alternate golden oldies with modern music to get all ages on the floor. And in between all this there were lots of barbeques on the deck, Fire Poi on the promenade (thank you Mike Simms) - and Harveys, Pimms and wine just about everywhere. A great week—thanks to many people but especially Rupert Smith and Chris Turner for organising the sailing, Robin Chapman for organising the social events, Joyce for doing the registration, Sylvie Hedges for cleaning up efforts—and brain dead now—others who I am sure I have forgotten.



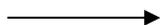
Robin and James, the judges of the Treasure Hunt



The winning team of the Treasure Hunt—with the SHARK—guess who?



CoCO the Clown proving that we did have some sunshine



MORE GREAT SAILING FROM ALEX.....

August was a testing month for NSSC sailor Alex Mills-Barton, having made the move up to the Laser standard rig Alex had to drop back down to the Radial for the World Championships in Sheveningen in Holland, before moving back up to the standard rig for the Nationals at Weymouth.

The competition was fierce with the the Worlds top youth sailors from 42 countries competing, after the first 4 days of competition in the qualifying series Alex was lying in 2nd place 4 points behind Danish sailor and eventual winner Thorbjorn Schierup.

On day 5 the fleet was split into Gold, Silver & Bronze for the finals, on race 1 Alex dropped his mainsheet with seconds to go and finished with his worst result of the event, race 2 was average but not disastrous and a 7th in race 3 saw him drop to 6th place in the competition but still top GBR laser.

The final day saw a dramatic shift in the wind conditions to a very light 5 to 9 knots, only 4 of the top 20 managed a top 10 result in the final days racing, Alex dropped to 13th mainly due to the cruelty of the scoring system in only allowing 1 discard from each of the qualification and finals, with his 2 worst scores both in the finals he had to count one and drop a top ten result from the qualifiers.

The event was still a resounding success Alex picked up top under 17 in Europe honours and second under 17 in the World finishing in 13th in the World overall.

After the Worlds finished on the Saturday afternoon we packed up and made the 11 hour journey back to Weymouth for the Nationals arriving at 04:00 on Sunday morning.

With only 5 hours sleep and racing due to start at 13:00 it was always going to be a tricky first couple of days, and so it proved. The first 2 days saw Alex lying in the 60's, the week was dominated by the bigger sailors making their extra weight work for them in the windy conditions. Racing was cancelled on the Wednesday with 50 knot winds forecast, the day off did the trick, having got his energy back Alex finished with a flurry of top 20 results to finish 24th overall and 5th Youth, and hoping to retain his place in the Team GBR Youth Squad.

With 16 days of travel and top level competition and only 1 day off behind him, Alex managed to stump up enough energy to compete at club level in the Ridley Shield followed by 5 days of cadet week and some club sailing over the bank holiday weekend, before a well earned 3 day rest, prior to the Autumn qualifiers and Sail For Gold at Weymouth.



What happened last October?

We all came back with huge grins, that wouldn't wear off for a week, after sailing and racing yachts on the Solent for a weekend, and club members have asked if there is a move to repeat it. So we thought we would!

The date is the weekend of the 13 and 14th of October 2007. Give Sunsail a ring on 02392 222221, ask to speak to the organiser for the Autumn Solent Quest and book a berth, mentioning Newhaven and Seaford Sailing Club, so that we all get on the same boats! The cost is £185.00 plus eating and drinks. For those new to it, no previous experience required, you can do as much or as little as you want, as there are others keen enough to do it for you. Join 5 others plus a Sunsail skipper, (He keeps us out of trouble)! and have a go at helming, sail trimming, navigation, racing, cruising, drinking, eating, drinking, sleeping. See where Queen Victoria lived, wave to the Prince Consort, tread in the footsteps of Ellen MacArthur in the Haven, browse with Mr Herd of Cowes, and buy the T-shirt, all in 2 days of sailing with no responsibility!

Here's how it goes. Friday evening (12th) drive to Port Solent at the top of Portsmouth Harbour to arrive by about 6pm

Log in, meet the skipper, find the boat and park bags, back to bar for drinks and find somewhere to eat.

Find boat again and settle down for the night.

Saturday morning, breakfast and briefing, lock out of the Marina, motor past the warships, dodge the ferries and tankers, into the Solent, working out where to go to pick up the 'treasures,' and points, picnic lunch on the move and get to Cowes Haven marina for sustenance and a meal.

Sunday morning, briefing, then an AM race, another wonderful Sunsail picnic, and a PM race (you think the start line at Seaford is exciting)! And back to Port Solent for 5pm.

In addition to deck shoes and warm clothing you will also need to bring towel, pillow, duvet + sheet or sleeping bag.

They will provide Oilskins, if required, food and drinks on board

So give me a ring with any queries and to fill in the details. mobile 07738 064009

Simon Suter

RYA Navigation Theory Classes

Sussex Downs College based at Denton Island will again be running the RYA shore based navigation courses.

There are 2 Courses available:

Day Skipper for beginners starts on Thursday 27th September

Coastal Skipper/Yachtmaster courses for the more advanced starts on Monday 24th September.

You need to sign up early for the Day Skipper course which is always over-subscribed

Bill Giles

From a Shearwater

Dear Rupert

Whilst in writing mode may I take this opportunity of expressing my personal gratitude and congratulations to you and the team at NSSC for your efforts in putting on an excellent Nationals despite the inclement weather.

Having taken part in the running and organising of many Nationals in the past, I am well aware of the demands and pressures such an event can make on one's time – not to mention the sleepless nights beforehand!

I'm sure I speak for all my family when saying that the friendliness, helpfulness, food and service we received was superb and I'd be most grateful for these sentiments to be passed on to all concerned.

Alan Howland

We apologise to Jack Baker for getting his name wrong at the end of his letter of thanks published last month and referring to him as Jack Butler..... Sorry Jack

Games Tourney Fast and Slow combined.

Pos	Fleet	Class	Helm	Crew
1st	Fast	Finn	Ed Thorburn	
2nd	Fast	Laser	Mat Springall	
3rd	Fast	Dart 18	Terry Jones	Greg Jones
4th	Slow	Squib	Penny Springall	Sarah Gribble
5th	Fast	Fireball	Steve Duncan	Penny Kelly
6th	Fast	Mega-byte	Tom Taylor	
7th	Fast	Laser Vago	Darren Field	Kevin Moss
8th	Fast	Laser	Charlie Humphries	
9th	Slow	Laser Radial	M Minto	
10th	Fast	Laser 2	Rupert Smith	Alice Smith
11th	Fast	Dart 18	James Clapham	
12th	Fast	Laser 2	Chris Turner	Ross Turner
13th	Fast	Buzz	Tom Taylor	
14th	Fast	Stealth	John	
15th	Slow	Squib	Mike Beaumont	Ricky

Sailing Week Slow Fleet

Rank	Class	Helm	Crew
1st	Streaker	Allan Simmons	
2nd	Squib	Sarah Gribble	Penny Springall
3rd	Laser Radial	Jess Cox	
4th	Topaz	Austin Weight	??
5th	Lightning	Ruth Rhodes	
6th	OK	Kevin Moss	
7th	Laser Radial	Carolyn Turner	

Len Miller Trophy

Rank	Class	Helm	Crew
1st	Topaz	Austin Weight	Harry Weight
2nd	Topper	Charlotte Fenn	
3rd	Topper	Alex Baxter	
4th	Laser 2	Jack Turner	James Bovington
5th	Topper	Dan Fenn	
6th	Laser 2	Will Roper	James Pope
7th	Laser 2	Charlotte Hedges	Lucy Mills-Barton
8th	Topper	Ben Hedges	

Sailing Week Fast Fleet

Rank	Class	Helm	Crew
1st	Finn	Ed Thorburn	
2nd	Fireball	Rupert Smith	Penelope Kelly
3rd	Laser	Mat Springall	
4th	Laser 2	Chris Turner	Ross Turner
5th	Dart	Terry Jones	Alex Baxter
6th	Vago	Darren Field	Nathan or Kevin
7th	Megabyte	Tom Taylor	
8th	Dart	James Clapham	Charlotte Fenn
9th	Hobie 16	Dave Robertson	Ben Fenn
10th	Laser	Ed Hall	
11th	Stealth	John Morrison	
12th	Laser 2	Mark Lambert	Dan Fenn
13th	Buzz	Tom Taylor	Kevin

Fun Races Adults

Rank	Fleet	Class	Helm	Crew
1st	Adult	Streaker	Alan Simmons	
2nd	Adult	Laser Radial	Jess Cox	
3rd	Adult	Laser Radial	Caroline Turner	
4th	Adult	Dart 18	James Clapham	James Pope
5th	Adult	Stealth	J Morris	
6th	Adult	Hobie 16	Dave Robertson	
7th	Adult	Dart 18	Terry Jones	
8th	Adult	Vago	Darren Fields	Kevin Moss
9th	Adult	Fireball	Rupert Smith	Alice Smith



BEGINNERS DINGHY SAILING LEVEL 1 AND 2

This is a 5 day beginner's dinghy sailing course over five consecutive Saturdays.
At the end of the course the successful sailor will be safety conscious, have a basic knowledge of sailing and be capable of sailing without an instructor in light winds

COURSE DATES

AUTUMN COURSE 9.00am to 4.30pm

Saturday	8 th	September
Saturday	15 th	September
Saturday	22 nd	September
Saturday	29 th	September
Saturday	6 th	October

We are able to offer other course dates and times for information on these courses

Please contact Mike Woollard

The syllabus will include helming (steering) and crewing a dinghy on all points of sailing, rigging, launching and recovery, approaching jetties up and down wind, recovering a person from the water and capsizing.

LOCATION

The location for the course is at Piddinghoe near Newhaven

WHAT TO BRING

For the Saturday a packed lunch will be required, however tea and coffee is supplied

Always bring a complete change of clothing and a towel, along with a wet suit or dry suit(if you have one) and wind and water proof outer layer and flat shoes that don't mind getting wet

COST

Members	£180	Non Members	£210
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IMPROVERS DINGHY SAILING

This is a follow on course from the RYA level 2 (Beginners) course and the course is broken down into three components

Start Racing

This course enables the student to learn the skills required to enjoy club racing, including starting procedures, rules of racing, how to maximise boat speed and boat set up.

Sailing with Spinnakers

This course shows the student how to rig the boat, gybe and recover one type of spinnaker either conventional or asymmetric, and how to sail the best possible course downwind.

Seamanship Skills

This course enables the student to handle a boat and solve problems afloat. It includes launching and recovery, stopping, reducing sail area, anchoring, sailing without a rudder.

COURSE DATES AUTUMN COURSE

The course dates will be on demand so please contact Mike Woollard for the available dates and each component lasts two days

LOCATION

The location for the course is at Piddinghoe near Newhaven

WHAT TO BRING:

For the course a packed lunch will be required, however tea and coffee is supplied

Always bring a complete change of clothing and a towel, along with a wet suit or dry suit(if you have one) and wind and waterproof outer layer and flat shoes that don't mind getting wet

COST

Members	£60 per component	Non Members	£70 per component
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**For further information on either of the above courses please contact
MIKE WOOLLARD 01323 893542**

NSSC represented at Skandia Cowes Week

One of the classes that has raced at Cowes Week for the last 30 years is the National Squib and so it seemed too good an opportunity to miss when John Cornish asked me if I would crew for him when he took Wavelength (713) down to Cowes Week. After a lot of organising, "Team Wavelength" arrived at the Royal Victoria Yacht club on the Isle of Wight. The team comprised of John Cornish as helmsman, his son Andrew plus myself as crew and Eric Cornish (John's father) as honorary tactician and photographer.

We launched the boat courtesy of the Royal Vic's crane, and then set off to compete in our first race on the Solent. This was about three weeks before Cowes Week and as guests of the Royal Vic we joined their long distance race. This proved to be a baptism of fire with strong tides plus Naval Battleships, very large container ships and cross channel ferries combining to hone our racing skills particularly as no outboard engines are used by the Squibs in the Solent. The members of the "Royal Vic" were really friendly and encouraging even though we limped home second to last in a fleet that was clearly very competitive.

Our next trip was for Cowes Week itself where wonderful weather and a good sailing breeze welcomed us. The organisation of the Regatta is fantastic with the welcome pack including everything that you need to race for the week, from a waterproof chart to sun tan lotion. Straight away at the start of the first race we found ourselves jostling with 29 Squibs for the best position on the line which was a great sight. Our first race started with everybody tacking at very close quarters off Cowes Green against the tide. Several boats ran aground (ourselves included) with the cheers of the crowd encouraging the Squibbers on.



During the week we got to know the other Squib Sailors from all over the UK as we gathered at the Island Sailing Club each day in readiness to be taken out to our boats moored in the entrance to Cowes harbour by water taxis. We also attended a special Squib Dinner at the Royal Vic Yacht Club and made full use of the shoreside entertainment (beer tent). It was a fantastic experience with many high points, but two in particular stand out for me. One came when we managed to get a 9th place which is not at all bad for a boat from NSSC competing with the big boys for the first time. The other was when we got a fantastic start and led the fleet up the Green at Cowes to the first mark (see picture on right).

In one race after about two hours of close racing, the whole fleet finished within about five minutes. We were beaten in another race by two teenage girls by one second, and in another we beat our closest follower by two secondsbelieve me, it is very exciting racing. It was also great to see that in other clubs Squibs are sailed by all ages including teenagers where the reputation of the squib as an older person's boat does not apply. It seems that the appeal of racing in a competitive one design fleet where the best sailors win, appeals to both young and old alike !

Bob Corbett

John Randall 27th May 1930 – 1st Aug 2007

It is with great regret that I have to announce the death of John Randall, an Honorary Life member of NSSC. John was a dedicated member of NSSC who spent many hours over many years helping to keep our club running smoothly. With his wife Jean, they produced "Mainsheet" for some years on an ancient duplicating machine, which required much effort.

John sailed with various club members but I remember him sailing, mainly with Jim Neale, our club secretary at the time, in a Squib. He also spent many hours helping with the old "Ark", and loved being on the water. On retirement John volunteered to run the bar at Seaford, which he did for a considerable time and served many pints to thirsty members. I remember he also found time to clean and varnish the clubroom floor and stairs on more than one occasion, "when no one was there". John will be sadly missed by all that knew him and our thoughts are with Nick & Annabelle, his son and daughter.

Mike Woollard

"Do you know" John Randall

Being one of the older club members, "we did", because for many years, he produced Mainsheet, a painstaking task before modern technology, as well as distributing the copies so that "you would know". He later took on the running of the bar and with a smile and welcome, served many a pint by opening the conversation with "do you know" on items of news or new members etc. Also during this period he found time to clean off the clubroom floor and stairs and apply a couple of coats of varnish, more than once on his own.

Well, sadly John lost his battle with cancer and he died in early August. Several club members that knew John attended the service at Eastbourne Crematorium. Rupert also arranged for some flowers to be sent on behalf of the club. Friends will miss John and our sympathy goes out to Nick and Annabelle, his son and daughter.

John Cook