



Commodores Comic



Not really a comic but I remember that every year comics would bring out a summer special for the holidays, that dates me! Anyway this is the reminder edition for all the events the next few weeks, the Summer Party, Cadet Week and Sailing Week, all details inside so don't miss out.

The Barn Dance was a great night out, you had to be there, the effort made to dress up and get into the spirit was amazing. A lot of laughs and a lot of cadets on the dance floor. Thanks to the campers for help taking down the marquee.



The weather has been a bit challenging with a lot of gusts, we were at the pond today, 7th July, with 30 year 6 children giving them experience with water based sports, alas had to curtail the sailing early as conditions became unsuitable. The pond as ever proved very popular as did the windsurf boards and paddles. We have another 30 children each of the next three days, many thanks to those who have given their time.

What is the secret new activity that Terry has come up with?? A special for cadets and cadet week and for a few of us older kids at heart. When I saw it I knew it was a stroke of genius and misspent youth, well done Terry and you'll never guess but it's amazing!!

I hope you have all got booked in for your camping, dancing, dining, racing, I am sure the weather will be brilliant, as my tent leaks. Booking form in this issue.



For those who spend cadet nights washing up, good news, John and Roger are installing a dishwasher as I type this. Well done gents, makes life easier for the volunteers.



Ian Johnson
Commodore



SUMMER PARTY



Saturday 25th July 7pm

Featuring

Live Music by Kevin Terrell
1 Night Only

Tickets

Adult £12.50

Child £8.50

Includes two course cold
buffet and cocktail



NEWHAVEN AND SEAFORD SAILING

CLUB CADET WEEK

Monday 27th July – Friday 31st July

10.00am to 4.00pm

Last year cadet week went brilliantly well and many families enjoyed camping on site. The camping facilities available are down at the far end of Piddinghoe pond and evening activities such as a BBQ, film night and wind surfing instruction will take place to keep us all occupied. Obviously the camping option will be weather dependent. If the weather is predicted to be horrible we will in all likelihood cancel camping.

Cadet week is for all cadets up to the age of 18 to come and have some end of school holiday fun out on the water. There will be fun races and activities, opportunities to try a different boat.

Parents and carers are expected to stay with their children and volunteer to help with the activities. Parents and carers are an important part of the week and we couldn't make it as fantastic as it has been in previous years without your support.

Each Day there will be
Morning Oppy Race

2 X Morning Topper Race
Afternoon Open Race

There will be on water and onshore games and activities, all weather dependant, one or more a day, such as

Fastest rigging, for topper and oppy, teams of two.

Most knots in a minute

Slalom races

Ball bingo

Bulldog

Dragon boat

Aqua Frisbee

IT (it not information technology)

Fetch

Relay races

Treasure hunt

Sailing football

Walk the plank

Racing surfboards

Water pistol wipeout

BBQ night

Galley will be available for food

CONTACT :

Email : nssccadets@outlook.com

Please fill in the form and email back to Zoe at the above email address; print out and hand in on cadet night. Spaces will be limited and first come first served.

CADET BOOKING FORM

PLEASE COMPLETE AND DETACH THE BOOKING FORM AND ATTACH WITH A CHEQUE MADE PAYABLE TO NEWHAVEN AND SEAFORD SAILING CLUB

£25.00 for 5 day use of club boats per person

No fee payable if using own boat

PLEASE WRITE THE NAME OF THE CHILD/CHILDREN ON THE BACK OF THE CHEQUE

AND RETURN TO ANNA OR MARY ON A MONDAY NIGHT OR POST TO

Zoe McCaig

1 Norton Terrace

Newhaven

BN9 0BT

BOOKING FORM

BOAT REQUIRED TOPPER Y/N

OPPIE Y/N

£25.00 per cadet (using club boats) for the week

CHILD S NAME.....

CHILDS NAME.....

CHILDS NAME.....

PARENT NAME.....

PARENT NAME.....

ADDRESS.....

.....

MOBILE.....

MOBILE.....

HOME.....

MEMBERSHIP NUMBER.....

BOAT SAILED IN 2014.....

Terms and conditions as per cadet registration form

Camping required- Y /N (delete as appropriate)

All camping is for the week priced at £25

	Tick which days the cadet/ s will be attending				
Childs name	Mon	Tue	Wed	Thur	Fri

Check out the pictures of last year's cadet week on the NSSC website





INTRODUCTION TO SEA SAILING

This is a dedicated course to introduce you to sea sailing:

14:00.....Meet at Seaford, take boats down to beach and rig.

14:30.....Briefing on how to launch and recover boats.
Demonstration on launching and recovery.

15:00.....Launch boats and 'free sail' around the bay.

16:00.....De-rig boats, return to boat park. Chat over cuppa tea!

This course will be held on the following Saturdays:

25th July / 15th August / and lastly 22nd August

For further information, please contact Roger & Kathy Thomas 07718798290
email: r_s_thomas@hotmail.com

'I need a little help from my friends'

Would any of you lovely souls be prepared to help out with social events?

We are a family centred club and while many duties run on the points system, many more are down to volunteers.

Louise and I are organising social events, but help with preparation, setting up and clearing up would really 'lighten the load'. Alternatively, if you would like to take a whole event and organise it, that too would be great.

In the past we have found sourcing items for special events and setting up can be good fun, especially if several of us are involved!

My plan is to have a list of volunteers to call on, the more I have the less I will have to call on the same individuals. However, if you wish to be involved on a regular basis, all the better.

If you can be free anytime to assist please send me a message -

gillymjones@googlemail.com

If you wish to have a chat please include your phone number.

I am not asking for a lot of your time and it will help greatly in continuing to run some lovely social events.

Many thanks, Gilly Jones

On Monday 10th August Alex will be attempting an Everest challenge in memory of his uncle Steve Duncan, to raise money for Cancer Research UK, it will consist of riding the equivalent height of the great mountain on a on his race bike.

He has chosen a section Beachy Head to climb which will see him ride the 8,848 mtrs taking around 17 hours in the saddle to cycle the 84 laps and starting at about 04.00 am on the morning of the 10th.

Steve was one of Alex`s biggest supporters and helped to influence his career, a fellow Laser sailor, good mate and friend to many at the club.

As we have a few hardy cyclist in the club anybody wanting to accompany him for a few laps will be most welcome, all proceeds will go to Cancer Research, please donate through the link below.

www.justgiving.com/alex-mills-barton

Alex's Everesting challenge.



On Monday the 10th of August, I am taking on the Everesting challenge to raise money for Cancer Research UK in the memory my uncle Steve Duncan. The challenge involves riding up a chosen hill on a bike enough times to gain the same elevation as the height of Mount Everest - 8,848 metres. I have chosen to do this on a section of Beachy head and will need to ride up and down 84 times. I hope it will take me around 17 hours if all goes to plan.

If you would like to donate, please visit my donation page at: www.justgiving.com/alex-mills-barton or just search my name on the website. Thank you for reading.



NEWHAVEN AND SEAFORD SAILING CLUB

SAILING WEEK 2015



If you have never been to Sailing Week you are missing out on a great part of being a member of NSSC. You do not have to attend every part of the week. Pick and Mix.

- Some members bring their families and camp for the week - without sailing.
- ⑩ Some members work mornings and come just for the afternoon races.
- ⑩ Some members come for the evening social events.
- ⑩ The event is open to non members-you can bring friends to join in the fun.
- ⑩ The Galley will be open all day for food and drinks.
- ⑩ The bar is open at lunchtimes and evenings.

Saturday 1st August - Sunday 9th August

Day	Morning	Afternoon	Evening
Saturday	Set up camp	Expedition or river race	Bar and Galley Open
Sunday	Class Champs 1& 2	PM race 6	Bar and Galley Open Beetle Drive
Monday	Cadet Races - approximately 45 minutes long for the Len Miller Trophy. For Adults - a series of informal novelty races.	Series Handicap Races If possible 2 races per day - 1 on Friday (prize Giving) if 9 races - best 6 count. Children's Activities	Quiz Night Bar and Galley Open
Tuesday			Bar and Galley Open Social Sailing
Wednesday			Sailing Wed 1.6 Bar and Galley Open
Thursday			Live Music and Party Bar and Galley Open
Friday			Horse Race Night Bar and Galley Open
Saturday	Saturday Series 1		Bar and Galley Open
Sunday	Class Championships 3 & 4	PM series 7	Bar and Galley Open

Race/sailing fees	Member	Non-member - payable per sailor	Camping fees - SMALL TENT (<4)	Camping fees - LARGE TENT (4+)
Whole event (1/8-9/8)	Free	£35	£15	£30
Expedition	Free	£5		

If the conditions are not good to sail on the sea we will use facilities at Piddinghoe.



IT'S THE 'S' EVENT....!

S = Sun! Sea! Socialising! Sailing! Surfing!
Sunbathing! Sleeping Bags! Sun cream! and so
much more....!



...all to be had at:

'SAILING WEEK' AT SEAFORD.

This event can be enjoyed by all. Ideal for families, as there is something for everyone! Although headed 'Sailing Week', sailing is only a part of the event. Read on...

The club's site at Seaford turns into a campsite when members bring campervans, caravans or pitch tents! Unrecognisable with 'colour on the green', the flags and bunting help to bring a feeling of fun and festivity! With the shower facilities, bar, galley and evening entertainment, where else would you find all this for such a bargain price!!?

To enjoy this event, you do not have to be a sailor. Just turn up for all or part and relax on the decking with a good book, or watch the antics on the water in the sunshine. With rescue boats out on the water for the week, why not try your hand at canoeing on the sea, or if you fancy a dinghy ride, bring your own or hire a club boat. Activities for evenings are geared for family entertainment and food wise, the club bbq is always popular on those warm balmy evenings...what better way to see the sunset, with a glass of chilled white wine and burger in hand?!!

So...come along to join in the fun! Bring your social hat and party with your fellow club members!

Look forward to seeing you 'there'!!

Roger & Kathy



NSSC Sailing Week 2015

Sailing Programme

Saturday 1st August	Expedition to Cuckmere – rigged and ready to leave Or, if the weather is poor, River Race from Piddinghoe	10.45 12.00
Sunday 2 nd	Class Championships 1 & 2 PM Series	11.00 14.00
Monday 3 rd	Len Miller Cup 1 – (Cadets) Seamanship series 1 Sailing Week series 1 & 2	11.00 11.00 14.00
Tuesday 4 th	Len Miller Cup 2 – (Cadets) Seamanship series 2 Sailing Week series 3 & 4	11.00 11.00 14.00
Wednesday 5 th	Len Miller Cup 3 – (Cadets) Seamanship series 3 Sailing Week series 5 & 6 Wednesday Evening series	11.00 11.00 14.00 19.30
Thursday 6 th	Len Miller Cup 4 – (Cadets) Seamanship series 4 Sailing Week series 7 & 8	11.00 11.00 14.00
Friday 7 th	Len Miller Cup 5 – (Cadets) Seamanship series 5 Sailing Week series 9 Prize Giving	11.00 11.00 14.00 17.00
Saturday 8 th	Saturday series	14.00
Sunday 9 th	Class Championships 3 & 4 PM Series	11.00 14.00
Monday 10 th	Return to work for recuperation.	08.00

Daily Prize Giving at 19.00 for Personal Handicap and Yellow Jersey, Monday to Thursday.

Fleet prizes for classes with five or more regular entries.

Modified format for morning races.

Camping on site

Full social programme

If in the unlikely event of bad launching conditions(!), racing may be moved to Piddinghoe for a 'Plan B' series.

Everyone joining Sailing Week is expected to muck in and do a duty.

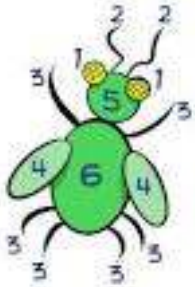
A sheet will be put up in the clubhouse for you to volunteer for duties still available.

Rupert Smith
Sailing Sec.

SAILING WEEK SOCIAL EVENTS

Saturday 1st August
Galley and Bar open

Sunday 2nd August
Beetle Drive



Monday 3rd August Night

Tuesday 4th August
Fish and Chip Night



Wednesday 5th August
Galley and Bar Open

Thursday 6th August
Live music by Phil Light followed by Fireworks



Friday 7th August
Prize giving followed by Race Night





Help the Trust to make a difference

The Ellen MacArthur Cancer Trust works with young people aged 8 to 24 from across the UK, aiming to rebuild their confidence following treatment for cancer. Our sailing trips are all about having fun and building confidence in a safe and supportive environment.



Newhaven and Seaford Sailing Club Ltd.
Wednesday 5th August 2015 PM Racing
We intend to hold 2 sponsored races in the afternoon for this trust, sponsorship forms are available from the trust website.

It has been suggested that a (voluntary) donation be given when signing on (suggested donation £10 per boat). Entries will be asked to fly the ellen macarthur cancer trust pennants from their boats.

Any enquiries about the above event to:
John Cornish 01273 513259.

www.ellenmacarthurcancertrust.com