

# RYA South and South East 2010 Regional Instructors Conference

## Saturday 27<sup>th</sup> March, Hayling Island SC

### Agenda

- Latest kit for you to try. Bring your wetsuit!
- Top coaching/instructing tips
- Overview of RYA Training Nationally from John Thorn, RYA National Sailing Coach
- Scheme updates from Andy Hooper, RYA Regional Development Officer
- Individual workshops for instructors from clubs and centre's specific

### PLEASE COMPLETE SECTIONS 1 – 6 (EITHER 4a or 4b)

#### 1. Attendance Form - Please Print Clearly (all fields required and one form per person)

NAME: .....will be attending the 2010

Instructors Conference at: HISC Date: Sat 27<sup>th</sup> March Region: S and SE

RYA Membership No:.....Post Code.....

Email.....**Confirmation will be sent via email ONLY.**

Telephone No.....Club/Centre:.....

#### 2. I am an RYA instructor in the following disciplines (please state which level and circle):

Windsurf    Dinghy    Powerboat    Personal Water Craft

#### 3. I am interested in attending the following water-based workshop (please indicate first and second choice, some sessions may be subject to change):

Windsurf – Race Intro ( ) Team 15 ( )

Powerboat – Honda Youth Rib ( ) Safety boat ( ) Advanced ( )

Dinghy – Race Inst ( ) Intro 2 Asymmetric ( ) Advanced Asymmetrics ( ) Keelboat ( )

Personal Watercraft – Intro to ( ) Advanced ( )

**It would be of value to me if the conference included information on:**

.....

#### 4a. I am from a **Club** and wish to join these TWO discussion workshops

OB( ) Introducing windsurfing to my/a sailing club( ) Increasing Participation( )

Becoming an SI( ) Operating Procedures and EAP( ) High & Light Wind Alternatives( )

**OR**

#### 4b. I am from a **Centre** and wish to join these TWO discussion workshops

Progressing to SI( ) OB( ) Team15( ) How does my centre help with regular

participation( ) Becoming a Coach or trainer( ) Operating Procedures and EAP( )

#### 5. Dietary requirements .....

HISC can offer accommodation from as little as £19 per night, please contact them direct.

**Confirmation will be sent by e-mail ONLY**

**I enclose a cheque for £10.00 made payable to the RYA. (£5 for Under 21's)**

Please return to RDO Administrator, Sport Development, RYA House, Ensign Way, Hamble, Southampton. SO31 4YA



6. Data protection Act 198. The above information will be used only to process your application and deal with you as a participant in the conference and for our mailing lists. If you do not want to receive details of future events, please tick here\_\_\_\_\_. We may take photographs and videos of conference participants to use on the RYA website and in our publications. If you object please tick here\_\_\_\_\_