

Sailing Instructions

RULES

1. The Racing Rules of Sailing 2017-20 the prescriptions of the RYA and the rules of the relevant Class Associations will govern the races of Newhaven and Seaford Sailing Club except as these Sailing Instructions change any of those. The title 'skipper' below refers to the owner, helmsman or other person in charge of the boat on the water.

ENTRIES

2. Skippers are to enter their boats by signing on using the relevant signing on sheet except for Keelboats, who need to radio the RO when they are in Seaford Bay. Eligibility requirements for boats and competitors are as follows:

2.1 The safety of a boat and her entire management, including insurance*, shall be the sole responsibility of the skipper, or parent guardian of Cadet, who must also ensure that the boat and crew are adequate to face the conditions that may arise in the course of a race. Moreover, the skipper warrants the suitability of the boat for the race or races. (*Boats are to be insured against third party risks to the minimum value of £2,000,000.)

2.2 Neither these Sailing Instructions nor any inspection of the boat limits or reduces the absolute responsibility of the skipper for the crew, the boat and her management.

2.2.1 This rule applies to the parents or guardians of under-18 year old competitors who may not take part in racing unless the NSSC holds a signed copy of the parental declaration which must have been signed when registering their children as cadets, or youth members on the club application form.

2.3 The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the skipper or crew, as a result of taking part in the race or races.

2.4 Competitors are to wear buoyancy aids when sailing.

2.5 All skippers must be members of the Newhaven and Seaford Sailing Club except when the race is part of an Open meeting when separate Sailing Instructions may be issued.

NOTICES TO COMPETITORS

3. General sailing notices to competitors will be posted on the official notice board situated next to the wet entrance before the first race that they affect. Changes to the course or other details on the day of a race, will be posted at the wet entrance before the start of racing and Flag 'L' flown from the signal mast. In the event of a committee boat start, Flag 'C' will be flown and changes announced from the committee boat.

CHANGES IN SAILING INSTRUCTIONS

4. See above. Permanent changes may also be announced in Mainsheet and will also be posted as above.

SIGNALS MADE ASHORE

5. Signals made ashore will be displayed on the club signal mast, or by the electronic race control system.

SCHEDULE OF RACES

6. Races are scheduled as published in the annual Sailing Programme.

RACING AREA

7. The racing area will be in Seaford Bay except for the long distance races to Brighton, Friars Bay Outfall bouy and Birling Gap etc. as published in the programme.

THE COURSE

8. The course will be sailed as described by the letters displayed on the race box in the order that they are displayed. The number of rounds will also be displayed on the race box. If no lap numbers displayed then the end of the race will be indicated by an 'S' flag being flown or a single light with two sound signals (see 11.2) before the leading boat finishes. The course will also be displayed on the board in the wet entrance area. The red or green flags or coloured boards in the Race Box window will indicate that the course is to be sailed with marks to port (red) or starboard (green). Where there are port and starboard marks in a course, a red or green indicator will not be flown and competitors are to consult the course board for the correct rounding of each mark.

MARKS

9. The marks to be used will be the inflatable club buoys. Other marks may be used, eg loop-over buoys on the bathing buoys, advertising buoys and mark boats where necessary.

THE START

10.1 Races will be started using **Rule 26**. There will be either a single fleet start or a multi-fleet start. The number of starts will be indicated by the row of lights on the balcony. The flags indicated may be used either on the committee boat or ashore when the electronic system is not in use.

- a. Fast Fleets (PY equal to or less than 1078) - Warning signal NN4
- b. Slow Fleet (PY greater than 1078) - Warning signal NN6
- c. Keelboats - Warning signal NN9

- or
- a. Dinghies and Catamarans - Warning signal NN4
 - b. Keelboats - Warning signal NN9
- or
- d. Single fleet starts - Warning Signal NN4

Where lanes are used the keel boats and catamarans will use the outer lane. All other boats inner lane nearest beach.

10.2 When a postponement has been made ashore, there will be not less than a FIVE-minute interval between the end of the Postponement and the Warning signal. This may be reduced to One minute when sailing the second of a back to back race.

10.3 When starting a race from the Race Box a transit shall be used thus the start line shall be a line drawn from the triangle mounted on the Race Box and the triangle mounted on transit pole and extended seaward. Mark 'A' shall be the outer distance mark. When using lanes the inner lane mark is not a mark of the course after the start.

10.4 Boats whose preparatory signal has not been made shall keep clear of the starting area.

10.5 Fleets subject to a general recall will restart after the last fleet has started in the normal sequence. If there is more than one general recall the fleets will restart in their original order after the remainder have started.

LIGHT CONTROL SYSTEM

11.1 When using the Light Control System, the start sequence will proceed as follows:

5 minute - Warning Signal - The vertical arm signal switched on

4 minute - Preparatory Signal - Bottom Left signal light switched on

1 minute - Preparatory Signal - Bottom Left signal light switched off

Start— Sound Signal— all lights will switch off.

Multi-fleet starts will take place at SIX-minute intervals, with one minute between the start signal and subsequent warning signal.

Equivalent signal flags may not be used when using the Light Control System

11.2 Other light and sound signals:

Postponement - Red flashing light on eastern end of race box hand rail, with three sound signals.

Individual recall - Bottom left signal light flashing for about 30 seconds, with one sound signal.

General recall - Two timing lights flashing alternately for about 30 seconds, with two sound signals.

Shortened Course - A single timing light (bottom left) is switched on constant, with two

sound signals.

Race Abandoned - All Three timing lights flashing, repeated sound signals.

Finish - A single sound signal.

CHANGE OF COURSE AFTER THE START

12. Courses may be changed in accordance with Racing Rules of sailing.

THE FINISH

13. When not using a Committee boat, the finish line will be between the triangle above the clubhouse and the designated finish buoy (not the transit).

SHORTENING COURSE & TIME LIMITS

14.1 Courses may be shortened at the discretion of the Race officer.

14.2 The time limit for races **within** Seaford Bay will be 45 minutes after the lead boat has finished. For races **outside** of Seaford Bay, the time limit shall be two hours after the lead boat has finished. Any boats finishing outside these times will be scored as D N F.

PROTESTS

15.1 Protests shall be written on forms available at the race box. The Race Officer is to be informed of a competitor's intention to protest within 30 mins of coming ashore after the race or races if back-to-back. The written protest is to be delivered to the Race Officer as soon as reasonably practicable after that.

15.2 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

SCORING

16.1 Series racing will be scored as provided in Appendix A using the Low Point System (Rule 88.3) amended as follows:

- a. Boats finishing a race are awarded points equal to their finishing position.
- b. Boats that come to start a race but do not finish are awarded points equal to the number of boats starting +1.
- c. Boats not coming to the start are awarded points equal to the number of boats in the Series +1.
- d. Helms undertaking a duty will be awarded third place for the race missed - only two duties will count in each series. This is not applicable to single races or cup races.
- e. It is the responsibility of the duty helms to ensure their names are included on the appropriate race results.

TROPHIES

17.1 For all Races and Series, points will be awarded to the winning boat regardless of the competitors who crew them. However, competitors who change boats within the same Class

can apply to the Sailing Committee to register the new boat for the entire Series.

17.2 For Class racing to apply, at least 3 boats must be present at the start line and at least 5 boats must have raced during the Series. Fleet racing will potentially include any class that meets this five boat criteria, however for the development fleet at least one of the boats must have launched from the beach. At least 5 boats of a fleet must have competed in the series, and at least one third of the published race sailed for fleet prizes to be awarded. For Cup races, at least 5 boats must be present at the start. At least one of these must have launched from the beach.

17.3 Discards for series races shall be as follows:

Races	1	2	3	4	5	6	7	8	9
Discards	0	0	1	1	2	2	2	3	3

17.4 In addition, boats fulfilling the stated criteria will be eligible to qualify for the following key events:

- | | |
|----------------------------------|---------------------------|
| Commissioning Race | Commodore's Cup |
| 1st 4 Race Cup Series of season | Bosun's Cup |
| Sunday AM Series 1 Overall | Waller Cup |
| Sunday AM Series 2 Overall | Lewes Cup |
| Sunday AM Series 3 Overall | Royal Sovereign Cup |
| Class Championships Overall | Pirouette Trophy |
| Wednesday Evening Series 1 | Trapidos Trophy |
| Wednesday Evening Series 2 | Enterprise Trophy |
| 4 Race Cup Series | Tufton Beamish Cup |
| 4 Race Cup Series | Sussex Express Cup |
| Long distance race - Friars Bay | Friars Bay Trophy |
| Long distance race - Cuckmere | Gunfleet Trophy |
| Long distance race - Birling Gap | Seven Sisters Trophy |
| Long distance race - Peacehaven | Howatson Cup |
| Long distance race - Portabello | Vice Commodores Cup |
| 3 Race Cup Series | Seahaven Cup |
| Pursuit Race | Pegasus Bowl |
| 6 Race Regatta Series - Open | Blois Johnson Cup |
| 4 Race Cup Series | Tourney Games Trophy |
| Race for cup winners | Cup Winners Cup |
| Race for cup non winners | Burfoot Cup |
| New Years Day Race | The Lawrence Venus Trophy |