

# **Sailing Instructions 2020**

## **SPECIAL TERMS & CONDITIONS RELATING TO RACING DURING THE COVID 19 SITUATION**

**All competitors must make themselves aware of the clubs special terms and conditions relating to Covid-19. These relate to launching, recovery and general movements and well being around the Seaford Site. The terms are published on the club website and on the Seaford Whatsapp sailing group. The terms will be under constant review and should be checked regularly.**

- **Anyone who is unwell with the symptoms of Covid-19 must not attend the club.**
- **Anyone who has contact with a family member, household member or support bubble member who is unwell with the symptoms of Covid-19 must avoid attending the club for a minimum of 14 days.**
- **All people attending the club should practice good hygiene and social distancing at all times.**

**If you are not happy or comfortable with any of the health and hygiene systems, launching and recovery or patrol boat cover, or you are vulnerable to Covid-19, do not attend the club or launch your craft. The decision to go afloat and compete in races is yours alone, and if for any reason you do not feel safe – do not join in.**

## **RULES**

**1.** The Racing Rules of Sailing 2017-20 the prescriptions of the RYA and the rules of the relevant Class Associations will govern the races of Newhaven and Seaford Sailing Club except as these Sailing Instructions change any of those. The title 'skipper' below refers to the owner, helmsman or other person in charge of the boat on the water.

## **ENTRIES**

**2.** Skippers are to enter their boats by signing on using the relevant signing on sheet except for Keelboats, who need to radio the RO when they are in Seaford Bay. Eligibility requirements for boats and competitors are as follows:

**2.1** The safety of a boat and her entire management, including insurance\*, shall be the sole responsibility of the skipper, or parent guardian of Cadet, who must also ensure that the boat and crew are adequate to face the conditions that may arise in the course of a race.

Moreover, the skipper warrants the suitability of the boat for the race or races.

(\*Boats are to be insured against third party risks to the minimum value of £2,000,000.)

**2.2** Neither these Sailing Instructions nor any inspection of the boat limits or reduces the absolute responsibility of the skipper for the crew, the boat and her management.

**2.2.1** This rule applies to the parents or guardians of under-18 year old competitors who may not take part in racing unless the NSSC holds a signed copy of the parental declaration which must have been signed when registering their children as cadets, or youth members on the club application form.

**2.3** The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the skipper or crew, as a result of taking part in the race or races.

**2.4** Competitors are to wear buoyancy aids when sailing.

**2.5** All skippers must be members of the Newhaven and Seaford Sailing Club except when the race is part of an Open meeting when separate Sailing Instructions may be issued.

## NOTICES TO COMPETITORS

3. General sailing notices to competitors will be posted on the official notice board situated next to the wet entrance before the first race that they affect. Changes to the course or other details on the day of a race, will be posted at the wet entrance before the start of racing and Flag 'L' flown from the signal mast. In the event of a committee boat start, Flag 'C' will be flown and changes announced from the committee boat.

### CHANGES IN SAILING INSTRUCTIONS

4. See above. Permanent changes may also be announced in Mainsheet and will also be posted as above.

### SIGNALS MADE ASHORE

5. Signals made ashore will be displayed on the club signal mast, or by the electronic race control system.

### SCHEDULE OF RACES

6. Races are scheduled as published in the annual Sailing Programme. If a race is rescheduled the new date will be posted on the sailing noticeboard and published in a bulletin.

### RACING AREA

7. The racing area will be in Seaford Bay except for the long distance races to Brighton, Friars Bay Outfall buoy and Birling Gap etc. as published in the programme. Or at Piddinghoe on the lake.

### THE COURSE

8. The course will be sailed as described by the letters displayed on the race box in the order that they are displayed. The number of rounds will also be displayed on the race box. If no lap numbers displayed then the end of the race will be indicated by an 'S' flag being flown or a single light with two sound signals (see 11.2) before the leading boat finishes. The course will also be displayed on the board in the wet entrance area. The red or green flags or coloured boards in the Race Box window will indicate that the course is to be sailed with marks to port (red) or starboard (green). Where there are port and starboard marks in a course, a red or green indicator will not be flown and competitors are to consult the course board for the correct rounding of each mark.

### MARKS

9. The marks to be used will be the inflatable club buoys. Other marks may be used, eg, advertising buoys and mark boats where necessary.

### THE START

**10.1** Races will be started using **Rule 26**.

If there are more than three multi-hulls racing they will start first. The main fleet will start 6 minutes after the multi-hulls. If there are fewer than three multi-hulls there will be a single start for all boats racing. There may be occasions when the main fleet is split into fast and slow fleets with separate starts.

The number of starts will be indicated by the row of lights on the balcony under the race box.

The flags indicated may be used either on the committee boat or ashore when the electronic system is not in use.

a. Multi-hulls K flag

(Rectangular flag blue and yellow halves)



b. Fast Fleets (PY equal to or less than 1078) –  
Warning signal NN4 (Triangular flag Red with white cross)



c. Slow Fleet (PY greater than 1078) –  
Warning signal NN6 (Triangular flag half black and half white)



d. Keelboats – Warning signal NN9 -  
(Triangular flag -quartered)



or

a. Catamarans – Warning signal K Flag as above

b. Dinghies and Keelboats Warning  
flag NN4 as above

d. Single fleet starts – Warning Signal NN4

Where lanes are used the keel boats and catamarans will use the outer lane. All other boats inner lane nearest beach. The inner lane will be the one nearest the shore or if a committee boat is in use, nearest the committee boat

**10.2** When a postponement has been made ashore, there will be not less than a FIVE-minute interval between the end of the Postponement and the Warning signal. This may be reduced to One minute when sailing the second of a back to back race.

**10.3** When starting a race from the Race Box a transit shall be used thus the start line shall be a line drawn from the triangle mounted on the Race Box and the triangle mounted on transit pole and extended seaward. Mark 'A' shall be the outer distance mark. When using lanes the inner lane mark is not a mark of the course after the start.

**10.4** Boats whose preparatory signal has not been made shall keep clear of the starting area.

**10.5** Fleets subject to a general recall will restart after the last fleet has started in the normal sequence. If there is more than one general recall the fleets will restart in their original order after the remainder have started.

## LIGHT CONTROL SYSTEM

**11.1** When using the Light Control System, the start sequence will proceed as follows:

5 minute – Warning Signal – The vertical arm signal switched on

4 minute – Preparatory Signal – Bottom Left signal light switched on 1

minute – Preparatory Signal – Bottom Left signal light switched off

Start— Sound Signal— all lights will switch off.

Multi-fleet starts will take place at SIX-minute intervals, with one minute between the start signal and subsequent warning signal.

Equivalent signal flags may not be used when using the Light Control System

**11.2** Other light and sound signals:

**Postponement**– Red flashing light on eastern end of race box hand rail, with three sound signals.

**Individual recall**– Bottom left signal light flashing for about 30 seconds, with one sound signal.

**General recall**– Two timing lights flashing alternately for about 30 seconds, with two sound signals.

**Shortened Course**– A single timing light (bottom left) is switched on constant, with two sound

signals.

**Race Abandoned** – All Three timing lights flashing, repeated sound signals.

**Finish** – A single sound signal.

## **CHANGE OF COURSE AFTER THE START**

**12.** Courses may be changed in accordance with Racing Rules of sailing.

## **THE FINISH**

**13.** When not using a Committee boat, the finish line will be between the triangle above the clubhouse and the designated finish buoy (not the transit).

## **SHORTENING COURSE & TIME LIMITS**

**14.1** Courses may be shortened at the discretion of the Race officer.

**14.2** The time limit for races **within** Seaford Bay will be 45 minutes after the lead boat has finished. For races **outside** of Seaford Bay, the time limit shall be two hours after the lead boat has finished. Any boats finishing outside these times will be scored as D N F.

## **PROTESTS**

**15.1** Protests shall be written on forms available at the race box. The Race Officer is to be informed of a competitor's intention to protest within 30 mins of coming ashore after the race or races if back-to-back. The written protest is to be delivered to the Race Officer as soon as reasonably practicable after that.

**15.2** Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

## **SCORING**

**16.1** Series racing will be scored as provided in Appendix A using the Low Point System (Rule 88.3) amended as follows:

- a. Boats finishing a race are awarded points equal to their finishing position.
- b. Boats starting a race but do not finish are awarded points equal to the number of boats starting +1.
- c. Boats not starting are awarded points equal to the number of boats in the Series +1.
- d. Helms undertaking a duty will be awarded third place for the race missed – only two duties will count in each series. No more than one third of the races sailed by a competitor may count OOD race points in the final results for the series. OOD race points are not applicable to single races or cup races.
- e. It is the responsibility of the duty helms to ensure their names are included on the appropriate race results.

## **TROPHIES**

**17.1** For all Races and Series, points will be awarded to the winning boat as long as a member of the regular crew (Helm or Crew) is on board. However, competitors who change boats within the same class during a series may select which boat they wish their points to be awarded to and must advise the RO or Recorder of their choice.

**17.2** Discards for series races shall be as follows:

Races	1	2	3	4	5	6	7	8	9
Discards	0	0	1	1	2	2	2	3	3

**17.3** In addition, boats fulfilling the stated criteria will be eligible to qualify for the following key events:

Commissioning Race  
1st 4 Race Cup Series of season  
Sunday AM Series 1 Overall  
Sunday AM Series 2 Overall  
Sunday AM Series 3 Overall  
Class Championships Overall  
Wednesday Evening Series 1  
Wednesday Evening Series 2  
4 Race Cup Series  
4 Race Cup Series  
Long distance race - Friars Bay  
Long distance race - Cuckmere  
Long distance race - Birling Gap  
Long distance race - Peacehaven  
Long distance race - Portabello  
3 Race Cup Series  
Pursuit Race  
6 Race Regatta Series - Open  
4 Race Cup Series  
Race for cup winners  
Race for cup non winners  
New Years Day Race

Commodore's Cup  
Bosun's Cup  
Waller Cup  
Lewes Cup  
Royal Sovereign Cup  
Pirouette Trophy  
Trapidos Trophy  
Enterprise Trophy  
Tufton Beamish Cup  
Sussex Express Cup  
Friars Bay Trophy  
Gunfleet Trophy  
Seven Sisters Trophy  
Howatson Cup  
Vice Commodores Cup  
Seahaven Cup  
Pegasus Bowl  
Blois Johnson Cup  
Tourney Games Trophy  
Cup Winners Cup  
Burfoot Cup  
The Lawrence Venus Trophy