



TRAINING and ACTIVITY BROCHURE 2020

Welcome to the Newhaven and Seaford Sailing Club, based in East Sussex. We have three operating centres: the Clubhouse on Seaford Seafront, BN25 2QR, the Club's own lake at Piddinghoe, BN9 9AF, and at Newhaven Marina, BN9 9BY.

We are an RYA Recognised Training Centre, and an RYA Onboard Club running courses based on the RYA National Training Schemes, in Dinghy sailing, Keelboat sailing, Windsurfing and Powerboating, and are a Members Club providing recreational watersports facilities for all ages.

Our Clubhouse on the beach at Seaford, is open to the Public as a Café Bar, 'The Galley', except when in use for club sailing events.

It is also available for private functions. For enquiries to hire or membership visit www.nssc.org.uk

If you want to start dinghy sailing, windsurfing or powerboating, we can offer formal RYA training in our dinghies and powerboats leading to internationally recognised qualifications.

Our team of RYA Instructors and Coaches are here to help you achieve your goals in a friendly and relaxed environment, on our safe inland water at Piddinghoe or on the sea in the bay at Seaford.

You may have some experience and just wish to enjoy your time on the water, or to improve your sailing skills, so when you join the club we can offer informal sessions for enthusiastic sailors to enjoy sailing inland or on the sea. Look out for the popular **Women On Water** and **Assisted Saturday Sailing** at Piddinghoe

Activities and games sessions and can be rotated, with our Instructors on water, and your staff on shore. Training room, Picnic tables, Barbeque, kitchen and hot drink facilities, separate changing rooms, toilets and showers, good walking nearby. Camping on site by arrangement. We will supply buoyancy aids and have some wetsuits available. Contact Simon Suter trainingnssc@nssc.org.uk

Corporate Days for companies with water based activities. A discount is available for larger groups. Contact Simon Suter trainingnssc@nssc.org.uk

Gift Vouchers.

Want to give a Sailing Taster at Piddinghoe as a present? You can purchase one from our website at <https://webcollect.org.uk/nssc>

When you want to have a go contact Simon Suter trainingnssc@nssc.org.uk

Starting Dinghy Sailing at Piddinghoe

RYA 4-DAY RYA Level 1 and 2 course for adults.

This 4 day course introduces adults with little or no experience to the world of sailing. This practical course on the water, covers theory, safety, boat controls, points of sailing, capsized dinghy recovery, rules of the road, background knowledge and much more, guided by our team of both young and mature Instructors.

On satisfactory completion you will be awarded the RYA Dinghy Level 1 and/or 2 Certificates and be competent to sail a dinghy safely in light to moderate winds. The fee includes the certificates, handbook and logbook.

Trainees and guests have temporary free membership while enjoying training or activities.

We can offer camping facilities for course members and their families.

Make a weekend of it.

RYA ADULT DINGHY SAILING

Spring Course 2020 Adults

Level 1 Saturday & Sunday 25th & 26th April 9.30 am to 4.30pm.

Level 2 Saturday & Sunday 2nd and 3rd May 9.30 am to 4.30pm

Summer Course 2020 Adults and children

Level 1 Thursday & Friday 18th & 19th June 9.30 am to 4.30pm

Level 2 Saturday & Sunday 20th & 21st June 9.30 am to 4.30pm

(Children from 9 yrs with parents on the course, will be taught separately, but come together for breaks)

Autumn Course 2020 Adults

Level 1 Saturdays 5th and 12th September 9.30am to 4.30pm

Level 2 Saturdays 19th and 26th September 9.30am to 4.30pm

All 4 days for Level 1 and 2: Non-Members: £280.00 Members: £220.00

2 days only for Level 1 OR Level 2: Non-Members: £150.00. Members: £120.

Book up at <https://webcollect.org.uk/nssc>

If a trainee joins the club as a result of being on the course, we would like to offer Member benefits of either:

To discount the joining fee from the membership subscription,

OR free dinghy hire during supported sailing sessions.

RYA YOUTH SAILING COURSE Stages 1 to 4

8 to 16yrs held at Piddinghoe Pond BN9 9AF,

Dates. The 10 sessions of the course will be:

May., 16th, 23rd, 30th. June 6th, 13th, 20th, 27th, July 4th, 11th, 18th,

on Saturdays for 10 weeks, in 3 hour sessions. 1.00pm to 4.00pm.

Come every week to meet the friends you will make and enjoy time on the water

Learn to sail as a beginner or improve on what you already know.

Have fun and be confident to be on or in the water,

Our Instructors will help you learn and practice, with RYA certificates awarded along the way.

10 sessions of 3 hours each. Non-Members £300. Members £240 .

Book up at <https://webcollect.org.uk/nssc>

Teaching is to the RYA Youth Sailing Scheme, Stages 1 to 4 syllabus and the RYA handbook and logbook is available to record achievement.

All our Instructors are RYA trained and hold DBS certificates.

Buoyancy Aids and helmets will be provided, but not wetsuits.

Our boats are Picos, Optimists, Toppers, Fevas and Slippers.

Beginners will start with Stage 1 and work towards Stage 2 in small groups with an Instructor.

Youngsters with experience will join a group of similar ability and work towards Levels 2, 3 and 4.

Bring your own refreshments or use the Club facilities.

Parents and Guardians are to remain on site during the sessions and are encouraged to help with supporting their child.

If a family joins the club as a result of being on the course, we would like to offer Member benefits of either:

To discount the joining fee from the membership subscription,

OR free dinghy hire during supported sailing sessions.

And be eligible to join Club Cadet Social activities in August, including camping and sailing during Sailing Week at Seaford and Cadet Week at the Pond.

DINGHY LEVEL 3 Advanced modules, seamanship, daysailing, spinnaker, start racing on the sea. At Seaford. Keep an eye open on the Bulletin and/or Calendar for topics dates and times.

Contact trainingnssc@nssc.org.uk

RYA POWERBOAT COURSE Level 1 and 2

You will learn to drive a RIB powerboat safely in light conditions, The RYA Powerboat Certificate is recognised round the world. Run from Newhaven Marina, in the harbour, river and in Seaford Bay.

Spring Course

Saturday 9nd May 9.00am to 4.30pm

Saturday 16th May 9.00am to 4.30pm

Summer Course

Saturday 11th July 9.00am to 4.30pm

Saturday 18th July 9.00am to 4.30pm

Autumn Course

Saturday 10th October 9.00am to 4.30pm

Saturday 17th October 9.00am to 4.30pm

Non-members: £275 Members who do duties: £120

Further courses can be arranged on demand. For further information please email trainingnssc@nssc.org.uk Book up at <https://webcollect.org.uk/nssc>

RYA SAFETY BOAT COURSE

This 2 day RYA certified course is aimed at those already holding a PB2, who have at least one season's experience, and want to upgrade their knowledge and practice with rescue and safety training .

Saturday 27th June at Piddinghoe 9.00 to 4.30

Saturday 4th July at Newhaven Marina 9.00 to 4.30

Non-Members: £275.00 Members who do duties: £50.00

Contact trainingnssc@nssc.org.uk

Book up at <https://webcollect.org.uk/nssc>

RYA FIRST AID COURSE

This one day RYA certified course is held in our Training Room at Piddinghoe, for Instructors re-validating their certificates, and for new Instructors as part of their certification. Also really useful for our safety boat helms, crew, coaches and parents.

Spring course Saturday February 15th 9.00 to 4.30

Autumn Course Saturday October 3rd. 9.00 to 4.30

Cost just £48 to members and £ 60.00 to non-members.

Contact trainingnssc@nssc.org.uk

Book up at <https://webcollect.org.uk/nssc>

45 RIB Annual upskilling sessions. Mandatory for experienced PB2 Club Member helms supporting racing.

Dates are in the club calendar . Meet at Newhaven Marina for 9.00 . Free to members. To book a place online contact seasafetycommittee@nssc.org.uk

Rescue Boat on the Pond. Annual Induction required for PB2 helms supporting racing, coaching Cadets etc .

Saturdays from 10.00 to 1.00. Contact trainingnssc@nssc.org.uk

RYA SRC-VHF Radio courses

Dates arranged on demand Contact trainingnssc@nssc.org.uk

Book up at <https://webcollect.org.uk/nssc>

RYA DINGHY INSTRUCTOR TRAINING.

RYA Dinghy Instructor and Dinghy Assistant Instructor Training.

Dates arranged on demand. Contact trainingnssc@nssc.org.uk

RYA POWERBOAT INSTRUCTOR TRAINING , Dates arranged on demand Contact trainingnssc@nssc.org.uk

Book up at <https://webcollect.org.uk/nssc>

NSSC CADETS. At Piddinghoe

For the Cadet members of NSSC 7-17 yrs, Optimist, Topper and Laser.

Registration and Cadet Launch Event Saturday 2nd May 2:00pm

Cadet Monday evenings 5.30 to 7.00pm dates for 2020

1) 4th May 2) 11th May, 3) 18th May, 4) 1st June, 5) 8th June 6) 15th June,
7) 22nd June 8) 9th July, 9) 6th July 10) 13th July

For up to date information visit <https://www.facebook.com/NSSCcadets/>

or contact cadetnssc@nssc.org.uk

Cadet Week at Piddinghoe

17th to 21st August 2020

Family camping for the Cadets. Racing and coaching, fun races, games, barbeques, evening activities.

Contact cadetnssc@nssc.org.uk Or for up to date information visit

<https://www.facebook.com/NSSCcadets/>

Book up at <https://webcollect.org.uk/nssc>

Cadet Race Coaching

Topper Saturday 11th April Laser Saturday 13th June

Contact cadetnssc@nssc.org.uk

Boat Hire at Piddinghoe.

Club dinghies can be hired by new members to use at Assisted Sessions where there is an Instructor present. Booking and payment is via

<https://webcollect.org.uk/nssc> Per session. £8 fee.

Annual scheme at Piddinghoe. Competent Members can hire dinghies to use at any time. The equipment is stored on site and members can access it on a first come basis and return after use, ready for the next user. £100 p.a. fee. payment is via <https://webcollect.org.uk/nssc>

Women on Water (WOW)

On Thursdays at Piddinghoe from 5pm until 7ish from April until September. An opportunity to become familiar with dinghy sailing in a calm and supportive setting. Guidance is on hand, and sailors support each other while gaining confidence. Men welcome! Members can turn up and join in.

Open to all members, use your own boat or join the annual hire scheme

Club boats available to hire at £8 per session. Booking and Payment online via <https://webcollect.org.uk/nssc>

Non-members are welcome to come along to assisted sessions for a taster session to have a try at Sailing.

Contact trainingnssc@nssc.org.uk

Assisted Saturday Sailing (ASS)

Piddinghoe, every Saturday mornings from 10.00 to 1.00 For club members of any age and gender to enjoy their sailing skills and knowledge, with advice and a support boat on hand.

Open to all members, use your own boat or hire a club dinghy at £8 per session. Pay online <https://webcollect.org.uk/nssc> or join the annual hire scheme.

Cataraman sailing at Seaford.

The Club has now acquired Catamarans to use on the sea and train with. Book and pay at <https://webcollect.org.uk/nssc>

Sailability.

Sailing for less abled sailing enthusiasts. The group has now acquired two boats for experienced sailors, and can offer Tasters for novices at Piddinghoe.

Contact trainingnssc@nssc.org.uk

Technical Topics,

Evening Talks at Seaford on, Start racing, Racing rules, the Start line, Sail setting, Tacking, Gybing, and much more, usually Friday evenings. Enjoy a little learning in a convivial atmosphere over a drink in the Galley.

Keep an eye open on the Bulletin and/or Calendar for topics dates and times.

Piddinghoe family member weekends, camping and supported sailing.

Club boats available to hire £8 per session or with annual hire scheme.

Keep an eye open on the Bulletin and/or Calendar for topics dates and times.
Book up at <https://webcollect.org.uk/nssc>

Seaford family member weekends, camping and supported sea sailing. Use your own boat or hire a Club boat. Get help with launching and recovery. As your confidence builds you can join in with the races, or just tag along behind the racing fleet,
Keep an eye open on the Bulletin and/or Calendar for topics dates and times.
Bring your tent and the family for the weekend,
Book up at <https://webcollect.org.uk/nssc>

These weekends at Seaford are to introduce Pond sailors to the sea and discover the joys of the third dimension, (going up and down)!
These sessions will cover beach launching and coming in, boat set up, sailing on the sea, background knowledge on tides and weather, introduction to the basic rules of racing and tactics, etc.
Feel confident that there will be help on hand and safety boats on the water.
Morning sessions. 10.00am to 1.00pm. Club boats, double hander, catamaran or singlehander. £8 per session to hire a club boat or bring your own boat and join in. Keep an eye open on the Bulletin and/or Calendar for topics dates and times.
Book up at <https://webcollect.org.uk/nssc>

Sailing Week at Seaford

August 8th to 15th Sailing and Camping, informal/fun races in the mornings and formal race series in the afternoons, Food and activities in the evenings, including Cadet racing Championships, an expedition to Cuckmere on Saturday, etc.

Club boats for hire, Vision, Catamaran or Topper. £8 per session.
Every evening there will be competitions, games, live music, dancing and fun in the clubhouse.

Book up at <https://webcollect.org.uk/nssc>

INFORMAL LEISURE SAILING.

Piddinghoe Pond with your own boat at any time. There is a rowing boat for use by members to support their children, with oars kept in the Galley. When there is Teaching or events, Club boats are available to Hire for the session and Safety Boat cover is available

Seaford with your own boat at any time.

Use your own boat. Get help with launching and recovery. As your confidence builds you can join in with the races, or just tag along behind the racing fleet, A Safety Boat and the winch will only be available while there is racing on Sundays and Wednesday Evenings or during training events.

Enjoy the Sailors Special meal, and a chat in The Galley after, while you sit beside the sea, with a drink in your hand, and watch the sun go down.